All you need to know about smart meters

Smart meters can help you keep track of your gas and electricity use. You can track your expenditure in real time with an in-home display – or ‘IHD’ – and your readings are sent directly to your supplier, so your bills are 100% accurate. Your IHD can help you understand how much certain appliances are costing you, and it tells you whether you’re wasting energy on things that can be turned off at night.

By understanding your usage, you can take advantage of special offers, like using energy during off-peak hours. Some companies will even pay you to use electricity when there’s too much being generated. And the more people who get smart meters and start buying their energy in a smart way, the easier it is for the grid to balance supply and demand. This will mean that more renewable generation projects can be built and used to the full.

Smart electricity consumption can help you to lower your carbon footprint, as well as your bills. If you don’t have a smart meter, contact your supplier. They’ll be able to let you know when one can be installed, at no extra cost.

For more information, contact Home Energy Scotland on 0808 808 2282 or visit homeenergyscotland.org